## Through my Window....Bringing the outside in.

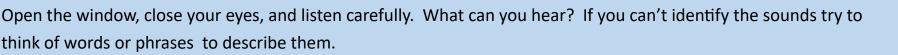
## Outdoor symphony

There is so much more to what's through our window that what we can see. This activity encourages us to listen to everything going on out there, and to think about different ways of recreating and recording the symphony of sounds

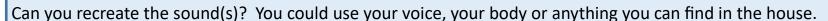
Turn off any 'indoor' sounds—the radio, tv, phone, music, and make yourself comfortable by the window.











If you are with others try and recreate the combination of sounds you heard outside





What would the sounds look like if you wrote them down, or drew them. Come up with images for the different sounds—how could you draw a long sound compared to short one? A high sound or a low one? One close by or one far away?





Can you hear any birds? Any idea what they are? There are various websites (eg RSPB, Woodland Trust) and Apps which could help you to do this.





If you can't find out, why not come up with your own bird name based on the type of sound they make—many species of bird are actually named this way, eg chiff chaff, pee-wit





**Key:** This is intended as a guide only—as an adult I love doing 'children's' activities, so just have a go!



Take some time out for yourself or with others

think of words or phrases to describe them.



Link to the formal curriculum if you want to



Good for younger folk



Good for older folk